

Circle Time Foundation Phase/Key Stage 2

Success Criteria:

The pupils will:

- name parts of the body in order to differentiate between male and female.
- be able to differentiate between appropriate and inappropriate touching.

Resources - Floor mat, body parts labels, traffic lights, traffic light labels - red, orange, green (available in Section 14 of the Growing Up resource)

Phase 1 - Opening Game

Opening game, name parts of the body. Give each pupil a word relating to a part of the body e.g. "head", "leg", "arm" and "tummy". Explain when you call out one of the names, everyone with the same name should stand, move and sit on a different chair. When you call out "the body" everyone should stand, move around and sit on a different chair. Play this game so that everyone has an opportunity to move around the circle and sit somewhere different

Phase 2 - The Round

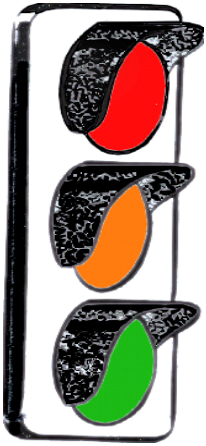
- Place the floor mat in the centre of the circle
- Place the label cards upside down. One or two for each child depending on the size of the class - ask each child to pick up one or two of the labels
- Ask each child in turn to read what is on the label. Hold a discussion, are the labels relevant for the girl? the boy? or both?
- Hold a discussion regarding private parts of the body - we wear clothes to cover these parts in public e.g. when we go swimming with school etc.
- Ask the pupils, all together, to place the labels on the mat either on the girl or boy.

Phase 3 - Open Forum

Place the swim suits on the characters on the mat. Explain once again that they are private parts and that we wear swim suits when we go to the swimming pool. Explain that you must not touch anyone on these parts or that no one should touch us here (unless we need help with toileting, changing a baby's nappy, visiting the doctor when we are ill etc).

Discuss appropriate and inappropriate touching. Discuss that some people don't like anyone touching their feet or hair and that some people may like this, everyone is different etc. Children don't like to be pushed when playing or someone pulling their hair etc. Discuss what is appropriate when playing on the school yard, when playing football, when crossing the road, don't hold a stranger's hand etc.

Traffic light activity - give each pupil a red, orange and green card and explain what is meant by each colour by showing the traffic light model.



Stop - I don't want **anybody** to touch me here.

Caution - It's ok for **some people** to touch me here.

Go - It's ok for **anyone** to touch me here.

Ask all the pupils to get up together and place the green card on the characters denoting 'that it is ok for anyone to touch in this part'. Repeat the activity with the orange card (It's ok for some people to touch me here) and with the red card (I don't want anybody to touch me here).

Discuss where the pupils have placed the cards. Confirm the messages - if anyone touches you in a way that you don't like it is important that they tell them to stop and that they tell an adult they trust. If you don't like a touch they have the right to make it stop.

Phase 4 - Celebrate Achievements

Everyone to stand up and turn to the person to the left and shake hands by saying "thank you for being my friend, everyone to turn to the right and repeat.

Phase 5 - Closing Game

Play the 'Simon Says' game Simon says - touch your feet, Simon says touch your shoulders etc.